



Sample Breakfast Menu

A selection of the following will be served each day:

Fresh Seasonal Fruit Platter or fruit kebabs

Fresh Berries with Organic Natural Yoghurt, Wildflower Honey and Bee Pollen
(great for energy and digestion)

Selection of Fresh Baked Mini Pastries

Apple or Blackberry Bircher Muesli

Homemade Breakfast Muffins

Homemade Orange and Earl Grey Granola

Organic & Soya Milk

Fresh Fruit Juice

Plus Organic Monmouth coffee
and a selection of Teapigs teas

SQUID & PEAR